

Kenshindoryu Batto Jutsu



“Iai to wa, hito ni kirarezu, hito kirazu Jiko no renma ni, shugi no michi.”

Nakamura Taisaburo 10th Dan

“Iai: not killing others; not being killed by others. Self- training and polishing, the road to discipline and cultivation.”




Grading Syllabus 8th Kyu – 1st Kyu

Kenshindoryu Battojutsu and Toyamaryu Iaido

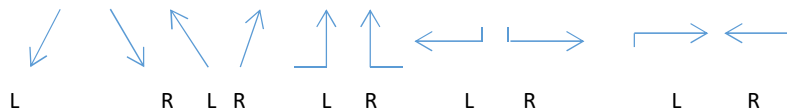
8th Kyu

Ashisabaki

Mae Tsugiashi
Ushiro Tsugiashi
Masu 

Kihon Taisabaki

Ipponme - This is the 'avoiding' exercise involving alternating Left & Right stance



Kamae

Goho No Kamae

Gedan, Waki, Hasso, Jodan, Chudan
(Left) Hidari Jodan, Gedan, Waki, Hasso, Jodan, Chudan

Chiburi/Noto

Jodan – Upper level 'blood flicking' and sheath

Chudan – Mid-level 'blood flicking' and sheath

Gedan – Step back, lower level 'blood flicking' and sheath

Kihon Suburi

Tsukikomi
Shinchokugiri
Kesagiri

Kagamiwaza (mirror Technique)

1-2 (*Shinchokugiri, Kesagiri [Aymuashi & Tsugiashi alternating]*)

Kumitachi

Tsukigaeshi (*Thrust blocking – Push, step, step, step*)

Tsukikomi ipponme (*From Migi (right) Kamae, both lift sword to Jodan. Attacker steps forward with Kesagiri; Defender steps back with Kesagiri, then:*

Attacker lifts to kamae, ready to Tsuki; Step forward Tsukikomi (thrust)

Defender lifts to Gyaku Seigan; Step back Tsuki Kaeshi; Push forward with right leg and sword to R side of attacker's neck)

Tsukikomi nihonme (*From Migi (right) Kamae, both lift sword to Jodan. Attacker steps forward with Kesagiri; Defender steps back into dai jodan, then:*

Attacker lifts to kamae, ready to Tsuki; Step forward Tsukikomi (thrust)

Defender at Dai Jodan (Slightly forward of Hasso); Step back and rotate sword 180 degrees clockwise in a vertical plane to block thrust (sword ends up pointing at floor); drop hand to kamae and push in Tsukikomi)

Battoho

Goho Battoho Kihon Ichi

5 draws, basic method #1

1: Yoko giri (side cut)

2: Kesagiri (Diagonal cut)

3: Kiriage (Upward cut – sideways draw)

4: Hidari kiriage (Left one-hand diagonal cut)

5: Tsuki (Draw, step back – thrust)

Kata

Happogiri Sho

8 cuts: Tsuki (thrust), Left Yokogiri (side cut), Kiriage (upwards cut), kesagiri (diagonal cut), Right yokogiri; kiriage; kesagiri, Dotangiri (ceremonial straight cut)

7th Kyu

Ashisabaki

Maemawari (*Step forward/ turn 180'*)

Maemawari kaiten (*Step forward/ turn 180' and step backward*)

Ushiromawari (*Step behind/backwards/ turn 180'*)

Ushiromawari kaiten (*Step behind/backwards/ turn 180' and step backwards*)

Kihon Taisabaki

Makiuchi/Hineri

Kirikaeshi

Kamae

Happo No Kamae (*8 stances*)

Gedan; (Step back) Waki; Hasso; Jodan; (Step Forward) Seigan; Seigedan; Kasumi; Chudan – (Step) Hidari Jodan (Step back) Waki; Hasso; Jodan; (Step Forward) Seigan; Seigedan; Kasumi - (Step Back) Chudan

Chiburi/Noto

Jodan

Chudan

Gedan

Kihon Suburi

Tsuki

Shinchokugiri

Makuri Kesagiri

Tsubamigiri

Kagamiwaza

1-5 (as previous grade plus Makuri Kesa, Tsubamigiri, Yokogiri)

Kumitachi

ALL following techniques start in the same way:

From Migi (right) Kamae, both lift sword to Jodan. Attacker steps forward with Kesagiri; Defender steps back with Kesagiri, then...

Makiuchi Ipponme *Attacker lifts to Jodan; Steps forward Shinchokugiri (straight cut)*

Defender Gyaku Seigan (sword hilt pointing at L leg – Point level with Right shoulder); Makiuchi: Left Step back and diagonally to Left, lift sword to Kasumi (high [temple] block), slide Right foot back to Left and then diagonally forward as you cut Shinchokugiri Jodan (Straight Cut to head)

Makiuchi Nihonme *Attacker steps forward straight cut*

From Seigan; Defender slides R leg sideways to right and brings L leg to it, simultaneously blocking Kasumi (Makiuchi) then sliding L leg forward with straight cut to head

Kirigaeshi Ipponme *Attacker steps forward straight cut*

From Seigan; Defender steps diagonally forward and right, simultaneously blocking Kasumi, then steps L leg behind (Kirikaeshi) and cuts Kesagiri to Attacker's neck

Kirigaeshi Nihonme *Attacker steps forward Tsuki (thrust), tsugiashi step forward Shinchokugiri (straight cut)*

From Seigan; Defender steps back Tsukigaeshi, then Left leg diagonally forward and left, simultaneously blocking Kasumi, then steps R leg behind (Kirikaeshi) and cuts Kesagiri to Attacker's neck

Battoho

Goho Battoho Kihon Ni

(All finish in L stance with Gedan Chiburi, Noto)

2nd version of the battoho from 8th kyu grade (above) with makuri [lit. continuing, overdoing] between cuts.

Kata

Happogiri Ni (Nakamura Ryu)

8 cuts: Tsuki, Left Yokogiri (side cut), Right yokogiri; Dotangiri (ceremonial straight cut)

Lift sword up, Step Right and kesagiri (diagonal cut), kiriage; Step back and Left kesagiri, Kiriage (upwards cut)

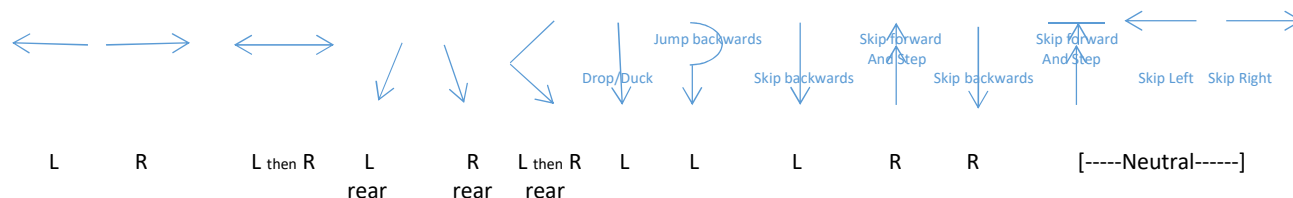
6th Kyu

Ashisabaki

Jushin Ido (From R Hasso, R step forward, then L Maemawari kaiten, * Kirigaeshi, 180, Makiuchi, Kirigaeshi, Makiuchi, Kirigaeshi, 180, kirigaeshi. Repeat other side from *)

Kihon Taisabaki

Nihonme (Taisabaki 2 is about ducking and skip-steps to avoid/get out of range)



Kamae

Happo no Kamae

Hasshu no Noto

1. Migi kamae (dragging back leg 50% in), From *chiburi*, the right hand elevated as it draws the back of the blade across the left hand [*Toyama Ryu*].
2. Migi kamae with one hand yokogiri draw. Come to *shizenhontai*. No *Chiburi*. *Yoko ichimon-ji*, so named because the sword looks like the horizontal Chinese character "1" - [*Omori Ryu*]
6. Migi Jodan kamae (dragging back leg 50% in), Back leg drops back and cut *hidari kesagiri*. No *Chiburi*. From the reverse-sword position after left *kesagiri*, blade resting on right knee [*Omori Ryu*].
7. *Hidari Jodan kamae* (dragging back leg 50% in), Back leg drops back and cut *migi kesagiri*. No *Chiburi*. From the reverse sword position after right *kesagiri*, blade on the left knee. [*Omori Ryu*].

Kihon Suburi

Morote Kirigaeshi

Ippon Kirigaeshi

Kumitachi

Maki Osae

From *Migi (right) Kamae*, both lift sword to *Jodan*. Attacker steps forward with *Kesagiri*; Defender steps back with *Kesagiri*, then: Attacker steps forward straight cut – Slight push pack on final technique

From *Seigan*; Defender slide L Leg out to left and lift to block *kasumi*, folding it over into *Maki Osae (Wrap & press)*. Bring R leg to left as block is performed, then slide R leg forward and cut across attacker's arms

Maki Otoshi

From *Migi (right) Kamae*, both lift sword to *Jodan*. Attacker steps forward with *Kesagiri*; Defender steps back with *Kesagiri*, then: Attacker steps forward straight cut

From *gyaku seigan*; Defender slide R leg to right. Lift sword up and across to left as L leg slides to r leg. Sword 'covers' attacker's (*Maki otoshi*) then step forward with L and descending cut to neck

Uchitsuki Kihon (Perform the following exercise 4 times in the shape of a square)

Attacker Push *Tsuki*, Step *Tsuki*, *Shinchokugiri*, turn, block

Defender, push back *Tsuki gaeshi*, step back *tsuki gaeshi*, *kirikaeshi*

Battoho

Battoho Jokyu

Nakamura Ryu Battojutsu 1-4

Kata

Shodan no Kata

Tameshigiri

Ipponme – *Kesagiri L\R*

5th Kyu

Kihon Taisabaki

Sanbonme

Hasshu no Noto

3. Migi kamae (dragging back leg 50% in), No chiburi. Overhand grip from *chudan gamae*.
4. Migi Jodan kamae (dragging back leg 50% in), Back leg drops back and cut hidari kesagiri. No Chiburi Overhand grip, after *kesagiri*.
5. Hidari Jodan kamae (dragging back leg 50% in), Back leg drops back and cut migi kesagiri. No Chiburi. Overhand grip, after *kesagiri* take back to R side and then out and around to L for *Noto*.
8. Migi kamae, No Chiburi. From blade forward. Left hand grasps the back of the blade near to the *koiguchi* while the blade edge is concentrated on your opponent; then change to overhand grip and *noto*.

Kihon Suburi

Shiho (Step-cut x 6, One-step-cut x 6)

Tachi Waza

Iai Tachi (1-6)

(All start with Goho Battoho Ipponme. R Fast draw and step cut Shinchokugiri, no Chiburi, fast Noto.

Sequence: Mae Tome, Mae Nagasu, Mae Mawari, Ushiro Mawari, Ushiro Nagasu, Ushiro Tome)

Gunto no Soho

Ipponme (Mae no Teki) R,L draw sanbonme Jodan, step R Kesagiri, kamae, Jodan Chiburi

Nihonme (Migi no Teki) R,L Step R out to R and draw ipponme, step L kesagiri, R kamae, Jodan Chiburi

Kumitachi

Toyamaru Ipponme (A: R, L, R Draw ipponme; D: R, L, R shuffle back Draw Nihonme, push in R kesagiri)

Toyamaru Nihonme (Both drawn R, advance L,R, L Tsugiashi A: lift to cut shinchokugiri but D pushes forward tsuki. D steps back and A takes L leg back and slowly brings sword down. A steps forward into Jodan Gamae, then both back)

Uchitsuki Jokyu

Ryusui

Battoho

Santen Giri

Happo Nuki (1:Kiriage; 2: Suiheigiri [one-handed yokogiri]; 3:Tsuki; 4:Clockwise turn, step back one-handed kesagiri;

5:Shinchokugiri; 6: Migi-kesagiri; 7: Left foot two-handed hidari-kesagiri; 8: Turn anti-clockwise migi-kesagiri.)

Tanto Dori

Tsuki no Teki – Kote Gaeshi

Saya no Teki – Mae Otoshi

Kata

Shodan no Kata

Kagamiishi Usen

Tameshigiri

Nihonme –L & R Naname Joho Giri (Kiriage)

4th Kyu

Noto

Hasshu no Noto 1-8

Kihon Suburi

Morote Kesa nagasu

Mayokogiri

Tachi Waza

Kiso Iai (Toyamaryu)

1: R Push –L step, R step, L ½ Step, R Step (tsugiashi) Shinchokugiri

2: R Push –L step, R step, L ½ Step, R Step (tsugiashi) Tsuki

3: R Push –L step, R step, L ½ Step, R Step (tsugiashi) Kesagiri

4: R Push –L step, R step, L ½ Step, L Step (tsugiashi) Kesagiri

5: R Push –L step, R step, L ½ Step, L BACK ½ Step (Hidari Hassogamae), L Step Kesagiri

6: R Push –L step, R step, L ½ Step, R Step (tsugiashi) Shinchokugiri (Men), R Push Shinchokugiri

Ohyo Ipponme (1-10)

(From Battoho Ipponme: 1: 2 steps Shinchokugiri; 2: Skip/step Shinchokugiri; 3: Maemawari Shinchokugiri; 4: Ushiromawari Shinchokugiri; 5: Maemawari 2 steps back Shinchokugiri; 6: Ushiromawari 2 steps back Shinchokugiri; 7: Maemawari skip/step back Shinchokugiri; 8: Ushiromawari skip/step back Shinchokugiri; 9: Maemawari Shinchokugiri, mawatte Kiriage, step Shinchokugiri; 10: Ushiromawari Shinchokugiri, mawatte Kiriage, maemawari kaiten Shinchokugiri).

Gunto no Soho

Sanbonme (Hidari no Teki – Jodan Chiburi)

Yohonme (Ushiro no Teki – Chudan Chiburi)

Kumitachi

Toyamaryu Sanbonme (Drawn, advance to R stance combat distance. Tsugiashi A: tsuki. D: tsukigaeshi to L rotate to R kesagiri)

Toyamaryu Yohonme (A Hasso to Jodan, D: chudan. A tsugiashi shinchoku. D step up feet together, then out to R, cutting L-R ichimonjigiri (yokogiri)

Juppon Dachi Zengo

Battoho

Santen Ura:

1) Step R, L Draw/rotate clockwise 180' cutting yokogiri ichimonji jodan, *step left; kesagiri, rotate body 180' kiriage, step R kesagiri. Step back for chiburi.

2) Step L, R, draw/rotate **anticlockwise** with nagashiuke, L step back and kesagiri mawari. Then from * above

3) Step R, L Draw/rotate clockwise 180' cutting kiriage jodan. Then from * above

4) Step R, L, draw/rotate **iclockwise** and cut one handed L-R Kesagiri mawari. **Step R, kesagiri, rotate body 180' kiriage, step L kesagiri. Chiburi.

5) Step L, R draw, rotate anticlockwise and Tsuki. Pull back sword, kasumi uki, Then from ** above

Tanto Dori

Kesa no Teki – O Soto Gari

Shinchoku no Teki – Ude Garami

Kata

Kagamiishi Usen

Kagamiishi Sasen

Tameshigiri

Sanbonme – L & R Yoko Ichimonji Giri

3rd Kyu

Noto

Kihon Jodan, Chudan, Gedan
Hasshu no Noto 1-8

Ashi Sabaki

Jushin Ido

Kihon Suburi

Namigaeshi
Mangetsu Namigaeshi

Tachi Waza

Uchikomi Ashi (Jushin Ido)

Gunto no Soho

Gohonme (Zenmen no Teki)
Ropponme (Ushiro To Mae no Teki)

Kumitachi

Toyamaru Gohonme (A: Hasso D: Chudan. A tsugiashi R shinchoku D; Pull back L Maki otoshi step L nagashi kesa)
Toyamaru Ropponme (A: Hasso D: Chudan. A tsugiashi R Shinchoku D move to R, cover movement with kasumi using side of sword **but do not touch** follow around into R Kesa)
Uchitsuki San
Tsukikaeshi Tachizuke

Battoho

Goho Battoho Shiho
Nakamura Ryu Battojutsu 5-8

Tanto Dori

Ushiro no Teki – Kote Gaeshi
Jime no Teki – Koshi Guruma

Tachi Dori

Ipponme

Kata

Happogiri Sho
Chuden Do

Tameshigiri

Yohonme – Nukitsuki Kesagiri

2nd Kyu

Ashi Sabaki

Nito Ashi

SHUFFLE -----SHUFFLE-----STEP-----STEP-----JUMP/SKIP-----USHIROMAWARI-----STEP-----MAEMAWARI-----45°L STEP---45°R STEP---45°R BACK STEP---45°L BACK STEP

Kamae

Nito Roku No Kamae

Kihon Suburi

Namigaeshi Santengiri

Tachi Waza

Tokei

(45, 90, 180, 90, 45)

Gunto no Soho

Nanahonme (Hidari, Migi, Shomen no Teki)

Happonme (Suemono Giri)

Kumitachi

Nakamuraryu Ipponme

Nakamuraryu Nihonme

Nakamuraryu Sanbonme

Juppondachi Ni

Battoho

Goho Battoho Shiho Ura

Hon Iai

Tachi Dori

Nihonme

Sanbonme

Kata

Nidan no Kata

Happo Nuki (without tameshigiri)

Tameshigiri

Gohonme: Nukitsuki Kiriage

1st Kyu

Ashi Sabaki

Nito Ashi

Jujiuke Jodan; Jujiuke Gedan; L Kesagiri; R Kesagiri; Hasamigiri; R Kasumi, Hidari Yokogiri; R Kesagiri; L Kesagiri, R Yokogiri;
SHUFFLE-----SHUFFLE-----STEP-----STEP-----JUMP/SKIP-----USHIROMAWARI-----STEP-----MAEMAWARI-----
L Kesagiri; R Kesagiri; L Kesagiri; R Kesagiri.
-----45°L STEP-----45°R STEP-----45°R BACK STEP-----45°L BACK STEP

Kamae

Nito Roku No Kamae

Kihon Suburi

Mangetsu Namigaeshi Santengiri

Nito Kirioroshi

Nito Morotegiri (Kesagiri/Kiriage)

Tachi Waza

Tokei Gaeshi

Ohyo Nihonme (Nito)

Draw Wakizashi with L Battoho Ipponme and Hidari Wakigamae, Draw Iaito R in Battoho Nihonme, Migi Kamae;

1: Jujiuke; Migi Kesagiri

2: Jujiuke; Hidari Tsuki

3: Jujiuki, Otoshi Jujiuke, Hasamigiri

4: Makiuchi/Nagashiuke (with R), L Tsuki, R Kesagiri Jodan (Men)

5: L-R Mawashiuke/Makiosae, L Tsuki, R Kesagiri Jodan (Men)

Gunto no Soho

1-8

Kumitachi

Nakamuraryu Yohonme

Nakamuraryu Gohonme

Nakamuraryu Ropponme

Nakamuraryu Nanahonme

Battoho

Nakamura Ryu Battojutsu 1-8

Nito Battoho/Nito Noto

Tachi Dori

Yohonme

Gohnme

Kata

Happogiri Ni

Nidan no Kata

Jiyu Kumite

Tameshigiri

Ropponme: Nukitsuki Yokogiri

1st DAN

Kihon Suburi

Hangetsu Namigaeshi Santengiri

Tachi Waza

Jugo

Nito Tachi

Jujiuke Jodan; Jujiuke Gedan; L Kesagiri; R Kesagiri; Hasamigiri; R Kasumi, Hidari Yokogiri; R Kesagiri; L Kesagiri, R Yokogiri;

SHUFFLE -----SHUFFLE-----STEP-----STEP-----JUMP/SKIP-----USHIROMAWARI-----STEP-----MAEMAWARI-----

L Kesagiri; R Kesagiri; L Kesagiri; R Kesagiri.

---45°L STEP-----45°R STEP-----45°R BACK STEP---45°L BACK STEP

Gunto no Soho

1-8

1-7 (Navy Style)

Kumitachi

Isonami

Juppon Ura

Battoho

Hangetsu

Mangetsu

Tanto Dori

1-6

Tachi Dori

1-5

Kata

Chuden Do

Shodan no Kata

Nidan no Kata

Happo Nuki no Kata

Jiyu Kumite

Tameshigiri

Happo Nuki

(N-KiriAge(3), E-Yokogiri(1), N-Hidari Tsuki(5), S-Hidari Kesagiri (Ura) (4), S-Shinchokugiri (2), W-Hidari kesagiri (2), S-Migi kesagiri(2), N-Migi kesagiri (2 Ura)

居合いとわ、ひとにきられず、ひときらずじこのれんまに、しゅぎのみち

“Iai to wa, hito ni kirarezu, hito kirazu Jiko no renma ni, shugi no michi.”

Nakamura Taisaburo 10th Dan

“Iai: not killing others; not being killed by others. Self- training and polishing, the road to discipline and cultivation.”

Toyama Ryu Gunto no Soho

| | | | | | | |
|---|--|-------------------------|-------------------|-----------------|-----------------|--------------------|
| 1 | R | L | R | Push in R | | Jodan Chiburi |
| | | Draw Kiriage | Kesagiri | Chudan Kamae | | |
| 2 | R | L | Step/Turn R 90' | L | R | Jodan Chiburi |
| | | | Draw #1 Yokogiri | Kesagiri | Chudan Kamae | |
| 3 | R | L | Turn to L/Step R | R ½ >, L ½ < | Push in R | Chudan Chiburi |
| | | | Draw #5 Tsuki | Kesagiri | Chudan Kamae | |
| 4 | R | L - turn clockwise 180' | R step back | L Back | Push in R | Chudan Chiburi |
| | | Draw #2 | One-hand Kesagiri | Kesagiri | Chudan Kamae | |
| 5 | R Draw #4 | L | R | L | R | R Kamae Chiburi |
| | Migi Hasso | | Kesagiri Mawari | Kesagiri Mawari | Kesagiri Tome | |
| 6 | R | L | R-turn anti-clock | L step back | Turn on spot | Chudan Chiburi |
| | | | 1 hand draw #2 | 2 hand Kesagiri | L Shinchokugiri | |
| 7 | R | L ¾ - Draw #4 | R ¾ | Push R | Push Back | Chudan Chiburi |
| | | One hand kesa 45' R | Kesagiri | Tsuki | Chudan Kamae | |
| 8 | Step R leg out to R and draw | | | | | Chudan Chiburi |
| | Rotate sword anti-clockwise into Dotangiri | | | | | |

Nakamura Ryu Battoho

| | | | | | | | | |
|---|------------------------|----------------------|---------------|------------|-----------------|---------------------------|-----------------|---------|
| 1 | R | L | R | L | R | Chiburi Noto 1 | | |
| | | | Draw Yokogiri | | Kesagiri | | | |
| 2 | R | L | R | L | | Chiburi Noto 1 | | |
| | | | Draw Kiriage | Kesagiri | | | | |
| 3 | R | L | R | L | R | No Chiburi Noto 6 | | |
| | | | Migi Hasso | Kesagiri | Mayokogiri | | | |
| 4 | R | Push R | L | R | L | No Chiburi Noto 7 | | |
| | Hidari Hasso | | Kesagiri | Mayokogiri | Kesagiri | | | |
| 5 | L | R | L | R | | No Chiburi Noto 4 | | |
| | Migi Waki | Kiriage, Yokogiri | | Kesagiri | | | | |
| 6 | R | L | R | L | | No Chiburi Noto 5 | | |
| | Hidari Waki | Kiriage, Yokogiri | | Kesagiri | | | | |
| 7 | R | L | R | L | R | Back (L) leg in Noto 1 | | |
| | Chudan Kamae | Jodan Kamae | Kesagiri | Kesagiri | Kesagiri | | | |
| 8 | R: <i>quickly</i> L ¾ | | R ¾ | Push R | Push back | L | Push back | Chiburi |
| | One hand Migi Hasso | One hand Kesagiri | Kesagiri | Tsuki | Chudan Kamae | Jodan Kamae | Chudan Kamae | Noto 1 |

Toyama Ryu Tachi Waza

| | | | | | | | | |
|---|---|------------------------|---|-------------------------------|------------------------------------|--|--|---------------------------|
| 1 | S | R | L | R – Draw #1 Mayokogiri | | Both back to kamae (do not cross feet) | Chiburi, Noto | |
| | U | R | L | R – Jump Back to avoid cut | R – Draw #2 - Push in Kesagiri | | | |
| 2 | S | R Draw Chudan Kamae | L | R | L-R (first step of tsugiashi) | L leg back gedan kamae | | Step back Chudan Kamae |
| | U | R Draw Chudan Kamae | L | R | R Tobikomi Jodan tsuki | Step back L Chudan kamae | Step in R Jodan kamae | Step back Chudan Kamae |
| 3 | S | Chudan Kamae | L | R | Tsugiashi R Tsuki | | | |
| | U | Chudan Kamae | L | R | L Tsukigaeshi rotate to jodan.. | Push in R Kesagiri | | |
| 4 | S | Migi Hasso | L | R Jodan | Tsugiashi R Shinchokugiri | Step back Chudan Kamae | | |
| | U | Chudan Kamae | L | R Shizentai | Step out to R L-R Yokogiri | Step L back 45' Chudan Kamae | Step in R Jodan kamae | Step back Chudan Kamae |
| 5 | S | Migi Hasso | L | R Jodan | Tsugiashi R Shinchokugiri | | Both back to kamae (do not cross feet) | |
| | U | Chudan Kamae | L | R | Push back R Maki otoshi | Step L Nagashi Kesagiri | | |
| 6 | S | Migi Hasso | L | R Jodan | Tsugiashi R Shinchokugiri | | Both back to kamae (do not cross feet) | |
| | U | Chudan Kamae | L | R | Push out to R, Kasumi.. | Rotate into R Kesagiri | | |